

GI PROCEDURE:

Please make sure you have **NOTHING BY MOUTH 6 HOURS PRIOR TO YOUR PROCEDURE TIME** with the exception of a sip of water with your medications. For your safety, failure to follow this protocol will result in a delay of your procedure!

Eating or drinking past your allowed time may lead to aspiration pneumonia and a possible hospital stay.

Follow the prep instructions provided by your physician, if you have any questions about the prep; please call your physician's office.

Due to the anesthesia, you will not be able to drive yourself home after your procedure. Please make arrangements for someone to drive you home. Your driver will be contacted with a pickup time

Please fill out your One Medical Passport online or bring the **completed** hand written copy of the pre-anesthesia questionnaire with you on the day of the procedure.

Please take your morning prescription medications you would normally take on the day of your procedure with a small sip of water, unless your physician has told you otherwise.

Please bring your reading glasses and insurance cards with you on the day of your procedure along with any co-pays that have been requested. Valuables should be left at home or with your support person.

Wear a minimum of make-up and jewelry.

Oxygen administered during the procedure can be very drying to the nasal membranes. The nasal membrane responds to this dryness by producing excess moisture. A runny nose is not uncommon after the procedure and will subside once the moisture is restored.