

GULF COAST ENDOSCOPY & SURGERY CENTER OF VENICE
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EYE PROCEDURE - POSTOPERATIVE INSTRUCTIONS

You have just had a procedure performed on your eye. We at the Gulf Coast Endoscopy & Surgery Center are interested in your complete and uncomplicated recovery. The following guidelines, used in conjunction with your doctor's specific postoperative instructions will help you achieve that goal.

Some of the medications that you received during your procedure can stay in your body for up to 24 hours. Because these drugs can affect your reflexes and sense of balance, you should go straight home and rest for the remainder of the day. **Do not drive or consume alcohol for 24 hours.** We strongly suggest that you have a responsible adult with you for the first few hours after the procedure. Resume taking any medications prescribed to you prior to procedure.

Most people feel tired or sleepy after their procedure. You should take frequent rest periods and gradually increase your physical activity until you can maintain your normal activity level.

Oxygen administered during the procedure can be very drying to the nasal membranes. This may cause a bodily response of sneezing and/or a runny nose. Do not be alarmed, this is not uncommon and will resolve on its own.

It is normal for the I.V. site to be bruised, slightly reddened, and a little sore. Warm packs applied to the site will help relieve some of the discomfort. If the area becomes hard and swollen or if a red line appears along the vein above the insertion site, please notify either your physician or the Center.

You may resume your normal lifestyle the day after surgery except no swimming under water for 10 days in a pool, lake, or ocean. You can shower or bathe – just keep the stream of water out of your eyes.

Do not wear makeup for 2 days after surgery.

Please follow your physician's post op instruction sheet carefully.

Misc. comments

Nurse Signature/Date

Patient/Designated Responsible Party Signature