

Things to Know:

GI Procedures:

- Please make sure you have **NOTHING BY MOUTH 4 HOURS PRIOR TO YOUR PROCEDURE TIME** with the exception of a sip of water with your medications. For your safety failure to follow this protocol will result in a delay of your procedure!
- Eating or drinking past your allowed time may lead to aspiration pneumonia and a possible hospital stay.
- Follow the prep instructions provided by your physician, if you have any questions about the prep; please call your physician's office.
- You will not be able to drive yourself home after your procedure due to the anesthesia. Please make arrangements for someone to drive you home. It is best if your driver stays at the facility until it is time for you to leave.
- Please fill out your pre-anesthesia questionnaire on line or bring the completed hand written copy with you on the day of the procedure.
- Please take the heart, blood pressure, respiratory or seizure medications you would normally take on the day of your procedure.
- Please bring your reading glasses and insurance cards with you on the day of your procedure along with any co-pays that have been requested. Valuables should be left at home or with your support person.
- Wear a minimum of make-up and jewelry.
- Oxygen administered during the procedure can be very drying to the nasal membranes. The nasal membrane responds to this dryness by producing excess moisture. A runny nose is not uncommon after the procedure, and will subside once the moisture is restored.